



Health Matters Newsletter November 1, 2019

Today's Health Matters Includes:

- Meeting Schedule
- Community Meetings and Events
- BC Declaration on the Rights of Indigenous Peoples Act
- Nominate a Non-Profit or Volunteer for Black Tie Awards
- Reckoning, Repair, and Change: Authentically Advancing Racial Equity WEBINAR
- Island Health Seeking Seniors/ Families for Focus Groups (Attached)



The OCCHN office assistant goes to Sombrio Beach...(He's in there) You should too it is so worth the drive

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- ✓ **Next Admin Committee Meeting- December 5, 4:30-6:30** CVRD Committee Room 2
 - ✓ **Next Our Cowichan Network Meeting at November 14, 2019, Ramada Silver Bridge** Light dinner at 5:15 pm Meeting starts at 5:45 pm.

Community Events- Meetings

- **Cowichan Housing and Homelessness Coalition Meeting (All Welcome)**-November 26, 11:00 am to 1:00 pm Location to be determined
- **Community Action Team (CAT) Meeting** October 24, 9 am-11am **Cowichan Community Centre Board Room**
- **EPIC-Community Steering Committee** October 24 (Note date change), 1:30 -3:30 pm Ts'í'ts'uwatul' Lelum

B.C. Declaration on the Rights of Indigenous Peoples Act

First Call congratulates British Columbia on being the first province in Canada to introduce a [legislative framework](#) to implement the [Declaration on the Rights of Indigenous People](#). It is a proud day for British Columbians when our government legislates our commitment to support Indigenous rights.

BC Aboriginal Child Care Society [released a news release](#) that applauds the BC Government on this decision. Their release says, “by recognizing the strength of communities and supporting our Nations to achieve self-governance in Indigenous early learning and child care, this legislation will help funding and social policy measures be more culturally grounded. This will bolster language revitalization, allow our children to be immersed in traditional ways; spending time on the land, eating traditional foods, and learning from knowledge keepers. Strengthening our children’s futures is a critical first step toward reconciliation.”

With the category for non- profit and charitable organizations we should look around us and nominate some of the incredible community partners doing amazing work!

The Chamber is Now Accepting Nominations for Black Tie 2020

It's that time again! As many may know, the Chamber hosts Cowichan’s premiere awards celebration, recognizing business excellence and volunteerism. We are starting our nomination process even earlier this year, launching today, November 1st! There are several award categories to choose from, so start thinking about the individuals, organizations and businesses you feel are deserving of this prestigious recognition.



For the Black Tie Awards 2020 we’re introducing a new award category for non-profit and charitable organizations, bringing us to a total of nine award categories in all. We've also made some changes to the Business Achievement subcategories to better align with Cowichan’s *small*, *medium* and *large* size businesses, as follows:

Business Achievement | 1 – 5 Employees

Business Achievement | 6 – 19 Employees

Business Achievement | 20 + Employees

Nomination time is so exciting! When we contact individuals to let them know they've been nominated, they're overwhelmed that someone took the time to recognize their hard work. This is one of the most rewarding parts of our work at the Chamber - to see the nominations flooding in from across the Cowichan Region! And remember, you don't have to be a Chamber Member to be eligible - this is a community-wide celebration!

The Black-Tie Awards will be held April 17, 2020, in an Oscar's-style format at the Cowichan Performing Arts Centre - more details to come! In the meantime, nominations are open until

January 31st, 2020, but don't wait until the last minute - get crackin' and make someone's day by nominating them for a Black-Tie Award!

NOMINATE NOW!

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In Case You Missed It TAMARACK WEBINAR

Reckoning, Repair, and Change: Authentically Advancing Racial Equity

Listen as Veronica Borgonovi and Hayling Price of FSG, and Liz Weaver of Tamarack join in conversation about taking steps to advance racial equity. They share business case examples where equity has driven corporate success and discuss the ways in which corporate community leaders can pursue these steps to more effectively support collective impact and community change efforts. The group also discusses how stakeholders in the philanthropic and non-profit sectors can apply these steps, and how such intentionality can support change at a systems level.

[View the Webinar](#)

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Do you have a resource, event or information you would like to share?

Send it to cindylisecchn@shaw.ca and it will be included in the weekly newsletter